



Sunday 19<sup>th</sup> December – Fourth Sunday in Advent - Mary and Elizabeth

**Read:** Luke 1:39 - 56

Mary went to visit her cousin Elizabeth and could not wait to share her news with her. When Mary arrived, Elizabeth was so excited – but something amazing happened – as soon as Mary spoke Elizabeth’s baby kicked – he knew something special was happening. Mary started talking to God and as she was talking her excitement turned to a song and a prayer. This is called the Magnificat and is when Mary explains how good God is and will continue to be. We still say or sing this song in Church today.

**Watch:** [https://www.youtube.com/watch?v=s\\_1xtrrA2Ks](https://www.youtube.com/watch?v=s_1xtrrA2Ks)

Where did Mary go? What happened when she got there? Why was Elizabeth’s baby so excited? What did Mary sing?

**Do:** Colouring Page – <https://sundayschoolzone.com/activity/christmas-coloring-page-marys-story/>

Craft - <http://www.jesus-without-language.net/elizabeth-mary-luke-1-make-2/>

Spot the difference - <https://sundayschoolzone.com/activity/mary-visited-elizabeth-spot-the-differences/>

The Magnificat is Mary’s song – can you write an additional verse to one of your favourite Christmas Carols to include what Mary sang?

**Pray:**

Heavenly Father, through this season of Advent, we prepare for our Christmas celebrations of the birth of your Son Jesus Christ.

In all the busy times help us to see the importance of your love for us. Show us new ways to share the message of your love for all people. We pray this in the name of Jesus, whose coming we eagerly await. Amen (taken from Praying Together)

Father in heaven watch over our loved ones.

Keep them by your side.

May they be safe and peaceful, in you may they abide.

Give wisdom to the doctors and nurses too we pray,  
renew their strength and bless them for the work they do each day.

Send healing and restoration and let them feel your love.

May your Holy Spirit give them rest as gentle as a dove. Amen (taken from Praying Together)

**Share:**

Advent allows us to take time to prepare for Christmas – take 5 minutes each day to read part of the Christmas Story. Share what you learn with others.